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Ink master cast season 10

ABC/Kelsey McNeal After Castle ended, we wondered when we would get our Nathan Fillion fix again. Luckily, The Rookie came along. Now in its second season, it is quickly becoming one of our favorite shows. The reason? It's got to be the stellar cast. The first episode of the second season just aired this fall and we can't wait for the next one. To persuade you, we take a deep dive into the cast and give you a little summary of what their characters are up to. Here's what you need to know about talented group of actors who are part of The Rookie. Ad – Continue reading Nathan Fillion as John Nolan After going through a divorce and closing his construction company, John moved to California and became one of the oldest rookies in the Los Angeles Police Department. Nathan is known for his starring role at Castle, but has a long list of movies and TV shows under his belt, such as Firefly, Buffy the Vampire Slayer, and the beloved Castle. Melissa O'Neil as Lucy Chen Melissa O'Neil stars as Lucy Chen, an officer in training who joins the force as an act of rebellion against her psychologist parents. She used to be romantically involved with John, but the two eventually decided to end their relationship. Melissa began her career in theater, but switched to television with lead roles in Syfy's Dark Matter and the CW's Zombie. Alyssa Diaz as Angela Lopez Angela Lopez is a training officer who fiercely tries to make detective. Alyssa has starred in numerous movies and TV shows and even had a guest appearance on ABC's How to Get Away With Murder. Titus Makin Jr. as Jackson West Jackson is Angela Lopez's intern and has been on the show since its premiere. He is the son of Percy West (Michael Beach) who has been a cop for 30 years. You may recognize Titus from guest roles in NCIS: New Orleans, NCIS, Grey's Anatomy and Castle. Eric Winter as Tim Bradford A tough training officer, Tim often tests his intern, Lucy. Tim was married to wife Isabel, a former narcotics detective, but broke it off in the final season after he couldn't get past her drug addiction. In real life, Eric's work has led the gamut, from dramas like ABC's Secrets & Lies to comedies like Harold & Kumar. Richard T. Jones as Sgt. Wade Grey Wade is the watch commander for the shift the show is focused on. A former cop, he got hurt during his last week on the track and ended up in the ICU. Richard is no stranger to television and has appeared in shows such as Criminal Minds, American Horror Story and Hawaii Five-O. Mekia Cox as Nyla Harper Nyla is a newcomer to the agency. She returns to law enforcement as a training officer after a tumultuous four-year stint working undercover. If Mekia looks familiar it's because she also starred as Princess Tiana in ABC's Once Upon a Time and NBC's Chicago Med. Sarah Shahi as Jessica Russo is John's girlfriend and is a former hostage rescue specialist for the FBI, but now works as a one security advisor. Sarah has been married since 2009 and has three children with her husband, actor Steve Howey. This content is created and maintained by a third party and imported onto this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io Patrick Harbon Blue Bloods is a hit for many reasons, but mainly because the cast is so dang good. Tom Selleck, Donnie Wahlberg, Bridget Moynahan, and Will Estes all solve crime and later unite around a dinner table? No wonder we can't stop looking! Fortunately, we don't have to curve our binging habits quickly, as the show has been renewed for a season 10. The potentially bad news, though, is that Tom said he was only offered a one-year contract, which obviously gives us pause about the future of the show. But besides that little blip, it doesn't seem to be one of the actors leaving ahead of the September 27 premiere. (That said, we all remember the shock of Amy Carlson's exit, so you'll never be too sure.) Here's everyone we believe will return to Blue Bloods this fall. Ad - Continue reading Below Bridget Moynahan as Erin Reagan Vanessa Ray as Eddie Janko Len Cariou as Henry Reagan Henry was a timeline chef for Frank, but now he serves more as a wise consultant at the legendary Reagan family dinners. Len has been in the industry for years, and has even won a Tony Award for his role in Sweeney Todd. Another nice fact about Len? He used to go out with Glenn Close. WHAT YOU NEED TO KNOW ABOUT 'BLUE BLOODS' This content is created and maintained by a third party, and imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io Photo: shutterstock.comCast iron, well taken care of, can last a lifetime at least in the kitchen. Aside from cleaning your pan or frying pan after each use, seasoning cast iron ranks as the most important step you take toward preserving this type of cooking utensil. Herbs is a simple process that allows a natural nonstick coating, one that not only makes cooking with cast iron more enjoyable, but also much more convenient. How do you season cast iron? Read on to learn the steps involved! STEP 1 To start, preheat the oven to 350 degrees Fahrenheit before thoroughly washing the cast iron. Use a combination of hot water and dishwashing liquid to eliminate any residue that has accumulated over time. Once done, rinse with water and dry the pan or frying pan with a soft cloth. In the future, remember to use dishwashing liquid when cleaning your cast iron, as the soap reduces the effect of seasoning. After use, simply rinse the cast iron with water and wipe it off with a kitchen towel. Photo: 2 Then choose an oil to use in your herbs. Some experts say that refined flaxseed oil does the best job. It's far from the cheapest option, though. Crisco or lard work well, but any vegetable oil will do, as long as the smoke point-the temperature at which it starts to smoke- is above your normal cooking temperature. Above all, make sure that you do not use oil with a strong taste. STEP 3 Pour in the oil of your choice, spreading it around to evenly coat the pan or frying pan. For best results, rub in your chosen oil with a cloth or paper towel. Cover every square inch of the cooking surface. STEP 4 Place the cast iron upside down in the preheated oven and let it rest on the oven rack with a piece of aluminum foil underneath. The goal here is for the pan or frying pan to heat until the oil has reached its smoke point. Then and only then is there a chemical reaction that results in the desired nonstick coating. Different oils have different smoke points. To bring flaxseed oil to the smoke point, place your oven on its maximum heat seat. If you use vegetable oil, keep it at 350 degrees. Bake the cast iron for about an hour, then turn off the heat and allow the metal to cool completely before removing it. Additional tips In the end, the cast iron needs to be seasoned again. To delay that for as long as possible, remember to use dishwashing liquid when cleaning the cooking utensils. Just rinse it with water, wipe it off with a soft cloth, not with a scouring pad. Add a little salt before scrubbing the power, if necessary. When the cast iron surface becomes dull and sticky, you know the time to season has come again. Monty Brinton The CBS hit show Big Brother returned this week with a brand new cast for the season 21.In a new interview, Robyn Kass, the show's casting director, explained how the 2019 cast was selected. This year, only one contestant, Cliff Hogg III, is over 40 years old. Robyn says there's a reason for that. Big Brother just started this past Tuesday night, and season 21 is already proving to be pretty crazy. Part of that craziness (next to the controversial camp-themed house) comes from this year's harvest of house guests. How were the 16 new cast members chosen this year? Casting Director Robyn Kass got into her trial on the podcast Big Brother Small World with JC Mounduix. As she explained, the show first offered several casting calls in major cities across the country. From there they reduced the participants to 25 and eventually they reduced it even more to just 16. We all sit around a table and we see the mixture and what do we think and these two people might look too much alike. Let's put someone else in it. Or, this person I think this would be a bit of fun to make a mix, Robyn said. But there is no, like, you have to get a person like this, and you have to get a person like this. This content is imported from YouTube. You may find the same content in a different format, or you may find more information on their website One of the biggest casting challenges Robyn said was getting older contestants to compete on the show. As you will notice from the cast of season 21, 21, of the house guests are in their 20s and 30s, with the exception of Cliff Hogg III (who is 53). Why aren't there any older house guests in Big Brother's 2019 cast? To be clear, it's not because the CBS show has a thing against contestants in their 40s and beyond. In fact, according to Robyn, the reason is just that they don't want a ton of people from that age group to come on the show. The reason we don't get a ton of applicants, older applicants, is because they usually have jobs they can't leave for three months, families they can't leave... bills, children, dogs, like, all these things and sometimes life will not allow them three months. And so instead, Big Brother usually ends up with cast members who don't necessarily have nine-to-five jobs. It's hard to get people like, with legitimate jobs, because they, I know now that they say, well 'I'd leave my job.' But really? If you're dealing with it, it's important to leave your job, Robyn concludes. So there you have it. And after all those things were considered in the casting process, the show ended with the following fun contestants for season 21:Holly Allen, 31 - Wine Safari GuideDavid Alexander, 29 - Photographer [ELIMINATED]Nicole Anthony, 24 - Pre-school Adjutant Bracco, 28 - Broadway DancerKathryn Dunn, 29 - Digital Marketing ExecutiveKemi Fakinle, 25 - Marketing StrategistCliff Hogg III, 53 - Petroleum EngineerO Kabvir, 22 - College StudentNick Maccaroni, 27 - Therapist Jack Matthews, 28 - Fitness TrainerJackson Michie, 23 - ServerJessica Milagros, 30-ish - ModelChristie Murphy, 28 - Boutique OwnerSam Smith, 31 - Truck DriverAnalysis Talavera, 22 - College Soccer StarIsabella Wang, 22 - Public Health Analyst This content is imported from {embed-name}. You may find the same content in a different format, or you may find more information on their website. This content is created and maintained by a third party and imported onto this page to help users provide their email addresses. 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